



CHIPS' UPSTANDER PLEDGE

I pledge to:

- Stand up against bullying whenever I witness it in at school, at home, at work, on-line, etc.
- Be a friend, and let the person being bullied know that they are special, and that they are not alone.
- Tell a trusted adult
- Speak up and let others know that bullying is not acceptable.
- Encourage others to be upstanders too.

Name: _____

Date: _____